

Patient Instructions For Bleaching Slips

- Load gel into your bleaching tray made by your dentist.
- Brush teeth, then insert tray. Adapt tray sides to teeth.
- Remove excess gel with clean finger or soft toothbrush. Rinse twice: **do not swallow rinse.**
- Follow dentist's instructions. If significant sensitivity occurs, stop treatment and consult dentist.
- Clean tray with soft brush and cool tap water. Store tray in case provided.