

**PATIENT INSTRUCTIONS
FOLLOWING ORAL SEDATION**

1. Your escort or other responsible adult must be able to look after you for a period of supervised rest of at least 8 hours after leaving the Dental Practice.
2. It is important that you **DO NOT**:
 - a) Return to work on the day of treatment
 - b) Drive any other motor vehicle or ride a motorbike or bicycle
 - c) Operate machinery.
 - d) Drink alcohol
 - e) Take sleeping tablets for 24 hours
 - f) Sign a legal document
3. Do observe any special precautions advised by us, including any necessary pain relief.
4. **If you have any problems following your treatment, please contact the Dental Practice on 0116 2707030. An answer phone message will give you details of the dentist to be contacted in case of out of hours emergencies.**