

## **Denture Induced Stomatitis**

Although you may not have been aware that anything is wrong with your mouth, your dentist has noticed redness under your denture. This can be caused by ‘thrush’ (candida) infection in your mouth. This condition is quite common and is known as **denture induced stomatitis**. It may be aggravated by poor denture hygiene, ill-fitting dentures or by medication you are taking. Your mouth may become sore and you may experience cracking or sores at the corners of your mouth.

These changes may affect the fit of your denture and the appearance of your lips. Treatment is therefore important. In order to treat infection satisfactorily, the instructions below should be followed, in addition to the general instructions given in the leaflet. ‘Caring for your dentures’.

### **General advice about your mouth and dentures**

It is essential to keep your mouth as clean as possible and to rinse it out after meals. Frequent consumption of sugary foods, smoking and keeping a denture in your mouth for 24 hours at a time, all promote an unhealthy mouth.

### **Cleaning your dentures**

In addition to usual cleaning, soak your denture in Milton solution for half an hour each day or overnight, once a week. If your denture has metal parts do not use Milton, but chlorhexidine (Corsodyl) mouthwash instead. Do not use the latter solution everyday as it will stain your denture. Use it once a week. (Milton is generally used for sterilizing baby bottles, use the same strength).

### **Medication**

If the condition of your mouth is not improved despite following the above advice, your dentist may suggest further tests or medication. You may be prescribed Amphotericin lozenges or Nystatin pastilles to suck. It is important that these lozenges are used with your dentures in your mouth and after a meal. They have a slightly bitter taste, but need to be sucked slowly four times a day for one month. In some cases a gel can be smeared into the denture after a meal. (This gel is safe to swallow). It is important to complete the whole course of treatment, even if your mouth appears to be better after a week or so.

If you have infection at the corners of your mouth, you may also be prescribed a gel or cream to apply to the cracked areas until they heal.

**If you have any questions please do not hesitate to ask the dentist.**